The aim of Menopause Café is to support people who are affected by menopause. The information you provide here will be used to review how Menopause Cafés is delivered and to evaluate its impact. Any information you provide will be reported anonymously, and treated in the respectful way it was shared.

Please fill in as much as you wish on this form and hand it in, or take it away and email your responses back to us at menopausecafe@outlook.com

1. Your age: under 25 26-40 41-55 55-70 over 70

2. Your gender identification: Male Female Prefer not to say

3. How did you hear about this Menopause Café?

4. How many Menopause Cafés have you attended before today?

5. Has there been any positive impact on your physical or mental wellbeing as a result of attending Menopause Café(s)?

6. Was there anything you’d like us to change or that you found uncomfortable?

7. If you’d like to be on the Menopause Café email list, please give us your email address below. We will not pass your details on to anyone else. You can unsubscribe at any time, by contacting us at www.menopausecafe.net

   Your email:

8. Any other comments (write overleaf if needed):