



# Participant Evaluation Form

The aim of Menopause Café is to support people who are affected by menopause. The information you provide here will be used to review how Menopause Cafés is delivered and to evaluate its impact. Any information you provide will be reported anonymously, and treated in the respectful way it was shared.

Please fill in as much as you wish on this form and hand it in, or take it away and email your responses back to us at [menopausecafe@outlook.com](mailto:menopausecafe@outlook.com)

Your age:      Under 25      26-40      41-55      55-70      Over 70

Your gender identification:      Male      Female      Prefer not to say

How did you hear about this Menopause Café?

How many Menopause Cafes have you attended before today?

Has there been any positive impact on your physical or mental wellbeing as a result of attending Menopause Café(s)?

Was there anything you'd like us to change or that you found uncomfortable?

Anything else you would like to say?

If you'd like to be on the Menopause Café email list, please leave your email address .We will not pass your details on to anyone else. You can unsubscribe at any time, by contacting us at [www.menopausecafe.net](http://www.menopausecafe.net) . The data supplied will be kept in accordance to our privacy policy (see website)

Email address

I agree that my email address (if supplied) will be used for the Menopause Cafe newsletter

**DRINK EAT DISCUSS MENOPAUSE**  
[www.menopausecafe.net](http://www.menopausecafe.net)